

Visual Mentoring Guides:

Six visual guides included:

1. Coaching Agreements
2. S.W.O.T
3. Who am I?
4. My Career History
5. Focus on Career Success
6. The Journey

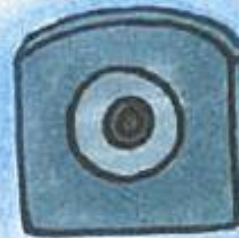
Prepared by ECCV Futures Project Officer, Leenie Fabri.

Materials are extracts from “Visual Coaching Guides” by Alchemy Consulting LLC
For more information: www.visualcoachingguides.com www.neuland-world.com

Coaching Agreements



Communication

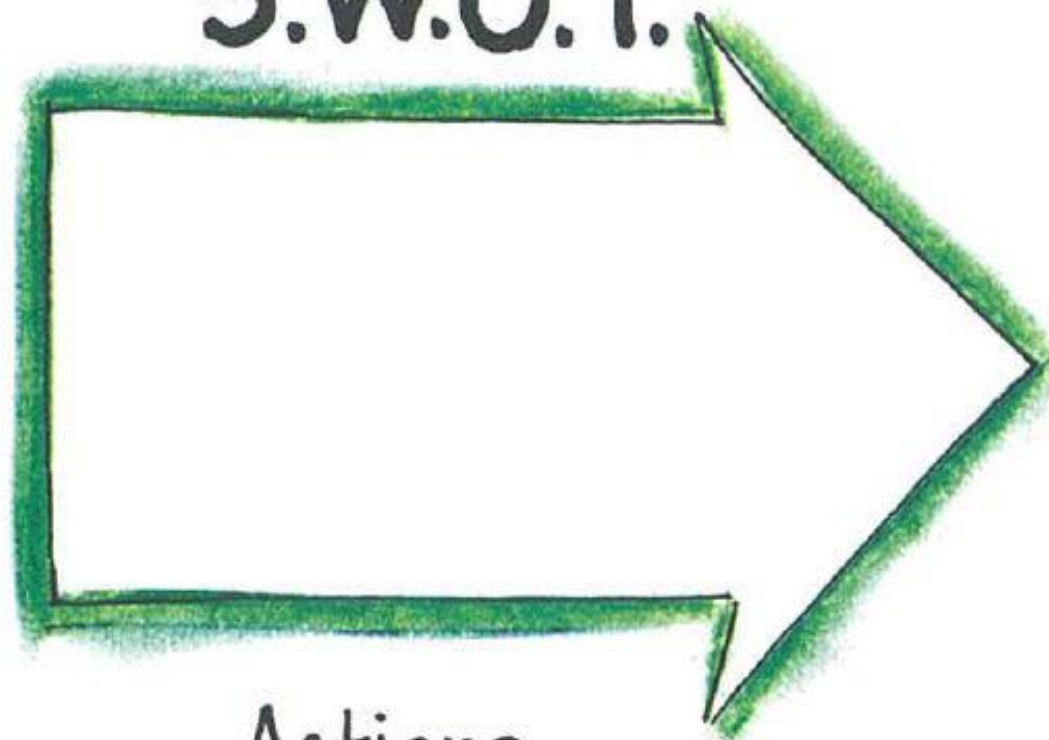


Measures of Success

Weaknesses

Threats

S.W.O.T.



Strengths

Opportunities

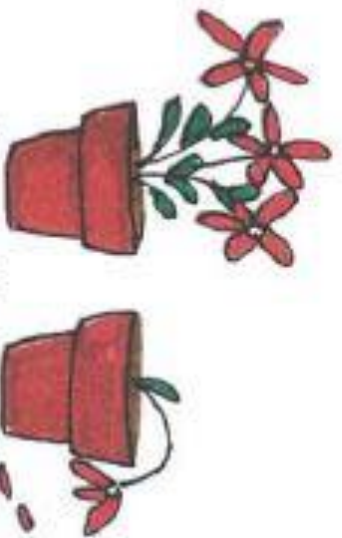
Who am I?



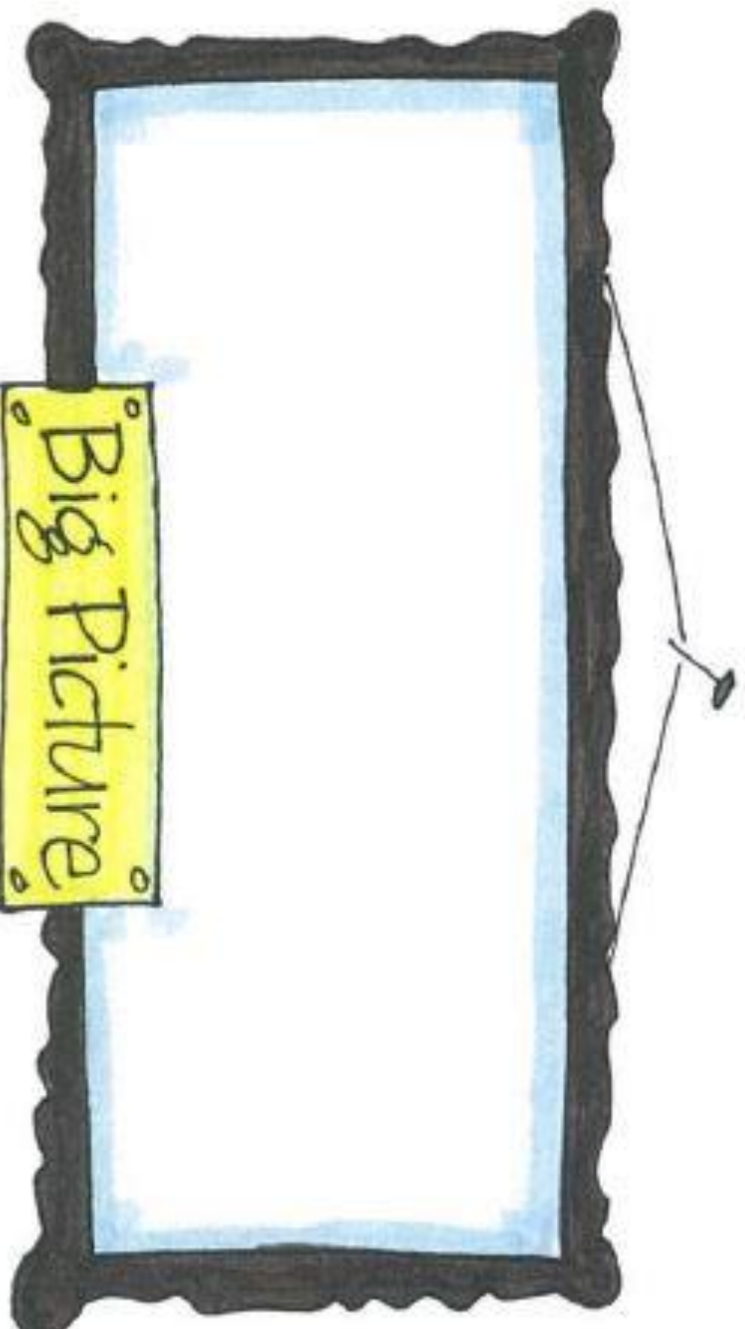
Mental



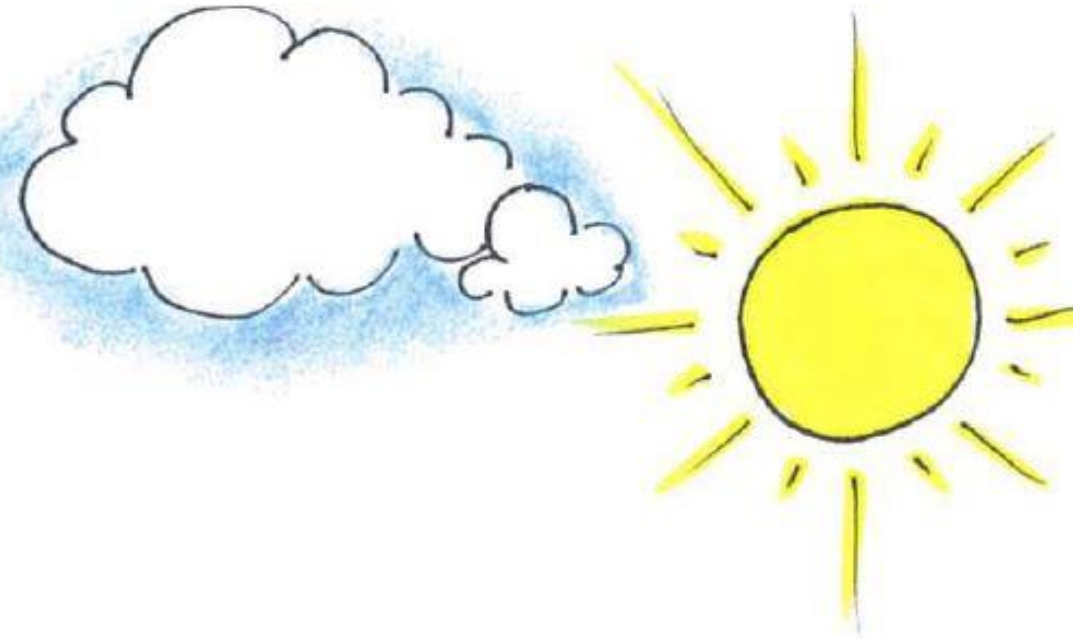
Physical



Emotional



MY CAREER/HISTORY



Focus on Success

Drivers

Restraints

adapted from Kurt Lewin's Force Field Analysis

The Journey

Where I want to be



What shall I take?



What shall I leave behind?



Difficulties to Overcome

